

The Commands of Christ

*Equipping a follower of Jesus to
simply obey His commands*



An adaptation of George Patterson's 7 Commands of Christ*

www.obeyChrist.com

Espanol: www.MandamientosdeJesus.com

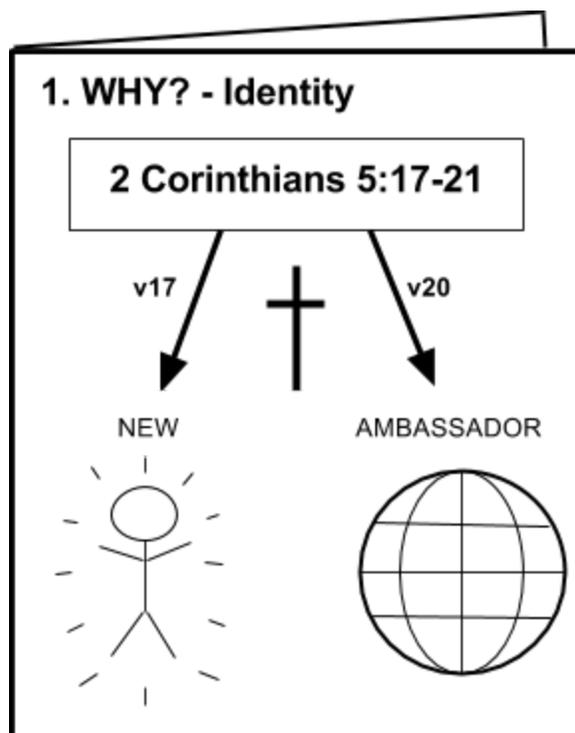
START HERE: The “411” Disciple Making Training

Read **Matthew 28:18-20**

Jesus says: “Go....make disciples”

The “411” Training equips Jesus’ followers to make disciples by answering these **4 questions** in **1 hour** (or less) on **1 sheet of paper**:

1. WHY make disciples?
2. WHO to reach?
3. WHAT to say?
4. WHEN to get started?



Read 2 Corinthians 5:17-21

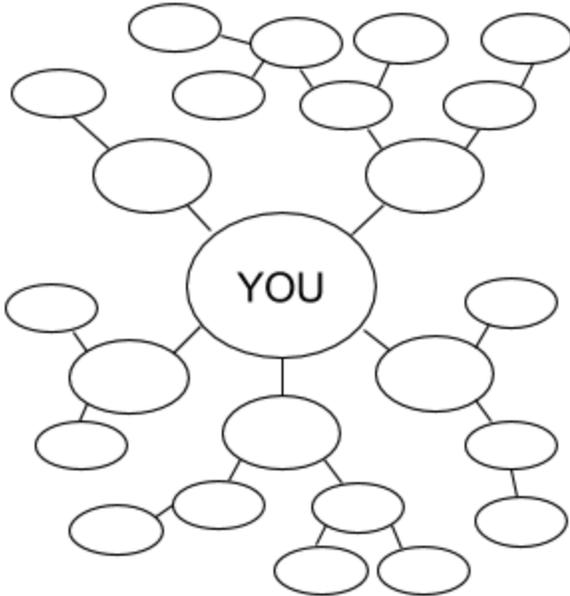
(Cross): We see in these verses that if you are in Christ Jesus, these two things are true of you because of Jesus:

v17 (person) - You have been made NEW! He has forgiven all your sins.

v20 (globe) - He has given you a new identity as His ambassador

You cannot separate these two. You cannot become new without being an ambassador of Jesus and you cannot be an ambassador of Jesus without being made new.

2. WHO? - Oikos Map

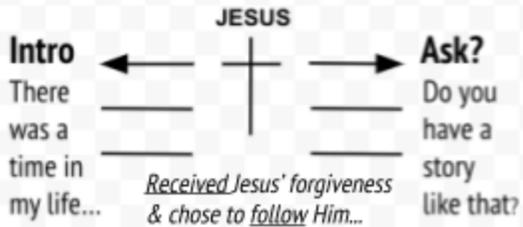


John 17:20

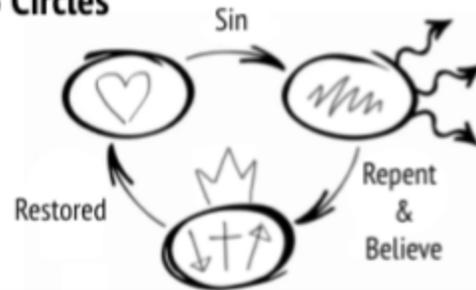
"Oikos Map": map out relationships of people in your life who are far from God.

3. WHAT to say?

15-Second Testimony



3 Circles



[Click Here](#) for 3 Circles Training video. or Google search "3 Circles, Malachi"

4. WHEN? - Schedule Goals

-Pray for oikos: _____
(Daily Time)

-Share Gospel: _____
(Name / Time)

-Train 411: _____
(Name / Time)

-Start the
Commands of Christ: -When? _____
-Where? _____
-Who Else? _____

(www.ObeyChrist.com for Commands of Christ)

411 Training slides can be found at:
www.411Multiply.com



Command of Christ # 1 - Repent & Believe

Care for each other by giving a brief life update & cast vision for **loving accountability**:

Vision: Read Acts 2:36-47 draw church circle (back of booklet) to cast vision for healthy church.

“The way you become a part of a healthy church is to repent & believe. We are going to learn from the Bible about Jesus’ command to repent & believe”

Read The Command: In Mark 1:15, Jesus says...

Tell The Story: The Sinful Woman from Luke 7:36-50

Retell the story together from Luke 7:36-50.

Read the story aloud from Luke 7:36-50.

Discover: Pray then use the Sword Bible Study method to discuss the story (Luke 7:36-50) and reveal its meaning for our lives.

-What do we learn from the story about God (Father, Jesus, Holy Spirit)?

-What do we learn from the people in the story?

-Is there anything from the story Jesus wants us to obey?

Practice retelling the story

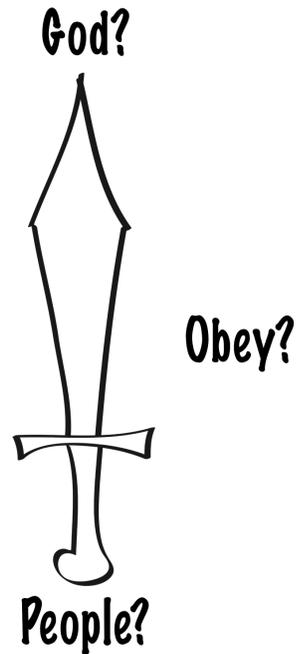
Explore More (optional):

1. What does “Repent” mean?
Repent means turning from sin and following Jesus.
2. What does “Believe” mean?
Believe means choosing to trust Jesus as Lord.
3. Why should we repent?
Read Romans 3:23; 6:23; 10:9
4. Who should repent?
Acts 2:38-41 - Everyone must repent for forgiveness.
5. What is assurance?
1 John 1:9 says when we confess our sins, He is faithful to forgive us
John 10:28 says our salvation belongs to Jesus.

Set Goals:

- Obey: Confess your sins before the Lord. Turn from them and live a new life in Jesus.
- Abide: Begin reading 2-4 chapters a day in Mark, and pray daily
- Train: You need to train your disciples in this. If you don’t have a disciple, who can you practice it with this week?
- Share: “Who from your oikos map will you share the gospel with this week?”

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ # 2 - Be Baptized

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week. (Obey, Abide, Train, Share)

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

"We are going to learn from the Bible about Jesus' command of baptism."

Read the Command: In Matthew 28:19, Jesus says...

Tell the Story of Phillip and the New Believer from Acts 8:26-39

Retell the story together.

Read the story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story and reveal its meaning for our lives.

Practice retelling the story

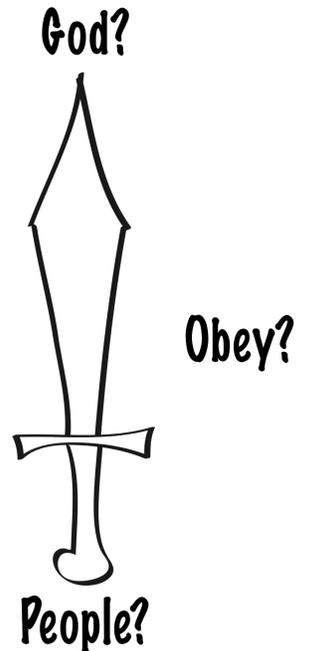
Explore More (optional):

1. What is "Baptism"?
Romans 6:3-4 -Baptism is a symbol that we have died to our old life and been raised to a new life in Jesus.
2. Why should we be baptized?
Matthew 3:13-15 - Jesus received baptism, so should we. Receiving baptism means we have identified Jesus as our Lord.
3. Who should be baptized?
Acts 2:38 - Everyone who repents and believes.
4. How should we be baptized?
Matthew 3:16 - Jesus went down into the water.

Set Goals:

- Obey: If you have not yet obeyed Jesus through baptism, find some water and get baptized.
- Abide: Begin reading 2-4 chapters a day in Luke, and pray daily
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #3 - Pray

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

"We are going to learn from the Bible about Jesus' command to pray"

Read the Command: in Matthew 6: 9-13, Jesus says...

Tell the story: Jesus teaches about Prayer in Matthew 6: 5-15

Retell the story together.

Read the story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story and reveal its meaning for our lives.

Practice retelling the story

Explore More (optional):

1. Why do we pray?

Matthew 6: 9-13 - He hears. We desire His will on earth.

2. How do we pray?

By simply talking with God.

"Our Father..." = God is your heavenly father

"Hallowed be your name..." = Ask for God to glorify himself through your life

"Your kingdom come, Your will be done..." = Surrender to God's kingdom and will being done in and through your life

"Give us today our daily bread..." = Ask for your needs

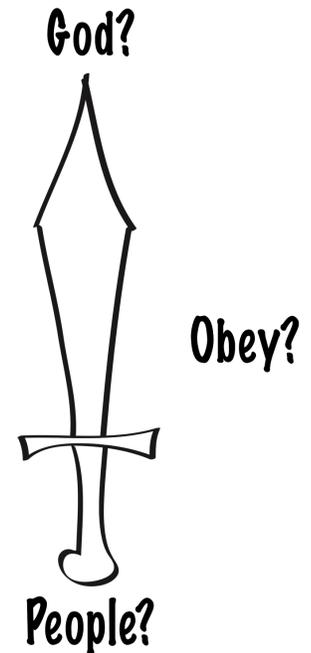
"Forgive us our debts..." = Ask for forgiveness of any sin

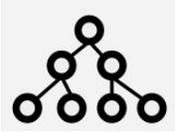
"Deliver us from the evil one..." = Pray for the deliverance when you face temptation

Set Goals

- Obey: Commit to pray daily. Pray for the lost and more laborers! (Luke 10:2)
- Abide in Christ: Continue reading 2-4 chapters a day in Luke and pray daily
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #4 - Go...Make Disciples

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

"We're going to learn from the Bible about Jesus' command to make disciples"

Read the Command: In Matthew 28:19-20, Jesus says...

Tell the Story: The Samaritan Woman from John 4:4-42

Retell the story together.

Read the story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story (John 4:4-42) and reveal its meaning for our lives.

Practice retelling the story & 3-Circles

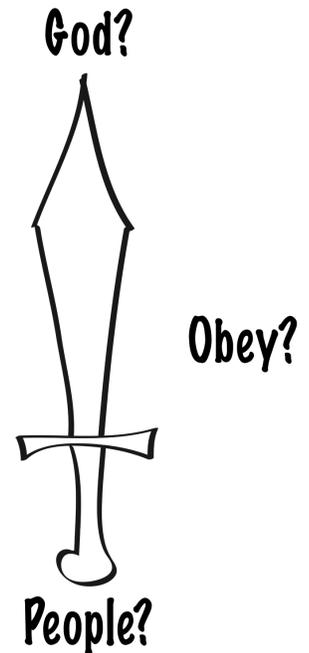
Explore More (optional):

1. Who should we share with?
John 4:16 - our families, friends & neighbors
2. What should we say?
John 4:29 - The woman shared her story and Jesus' story (the gospel)
3. Who is qualified to go?
John 4 - The Samaritan woman was! Every believer.
4. How should we go?
Luke 10:1-11 - In groups of 2 or 3 throughout our neighborhood and city: 1) praying, 2) sharing, and 3) looking for "Persons of Peace" to disciple in the very same things we are learning here.

Set Goals

- Obey: Commit to make disciples by praying for your oikos daily, sharing the gospel and training those who want to follow Jesus.
- Abide in Christ: Continue reading 2-4 chapters a day in John, and pray daily)
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ # 5 - Love

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

"We are going to learn from the Bible about Jesus' command to love."

Read the Command: In Matthew 22:37-39, Jesus says...

Tell the Story: The Good Samaritan from Luke 10:25-37

Retell the story together.

Read the story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story (Luke 10:25-37) and reveal its meaning for our lives.

Practice retelling the story or the 3 Circles

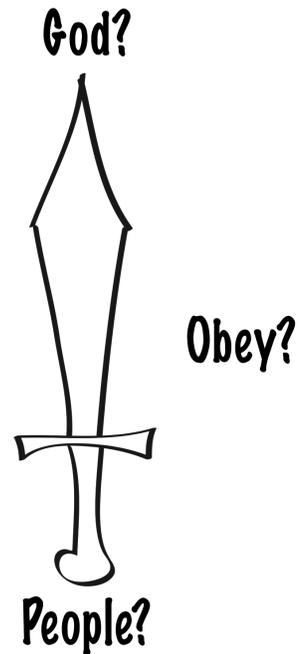
Explore More (optional):

1. What is "love"?
John 15:13 and 1 Corinthians 13
2. Why do we Love?
John 13:34-45, Because Jesus loved us first.
Love teaches the world about Jesus.
3. Who do we love?
Matthew 22:37-39 - First we need to love God, then we need to love our neighbors.
4. How do we love?
John 14:15 - Loving Jesus means we obey Him.
John 21:17- Loving others means telling them what God has done for you.

Set Goals:

- Obey: Take time each day to intentionally show love by helping your family, friends, or neighbors.
 - Reconcile with anyone you have not shown love to OR anyone you may be holding bitterness towards.
- Abide in Christ: Continue reading 2-4 chapters a day in John, and pray daily)
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #6 - Worship through Perseverance

Care - “How are you doing?” (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

“We’re going to learn from the Bible about Jesus’ command to worship”

Read the Command: In Matthew 4:10, Jesus says...

Tell the Story: The Philippian jailer in Acts 16:25-34

Retell the Story together.

Read the Story aloud.

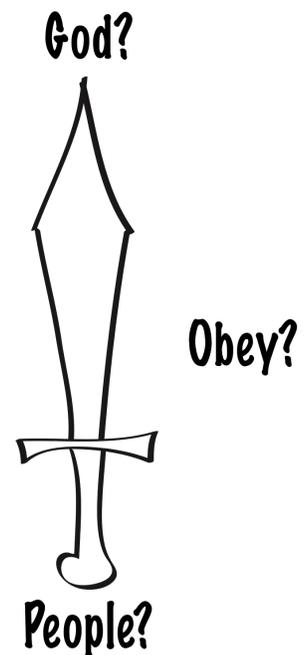
Discover: Pray then use the Sword Bible Study method to discuss the story (Acts 16:25-34) and reveal its meaning for our lives.

Practice retelling the story or 3-Circles

Set Goals:

- **O**bey: Decide how you as a church will worship the Lord together.
- **A**bide: Continue reading 2-4 chapters a day in Matthew, and pray daily
- **S**hare: “Who (far from God) will you share the gospel with this week?”
- **T**rain: You need to train your disciples in this. If you don’t have a disciple, who can you practice it with this week?
- **S**hare: “Who from your oikos map will you share the gospel with this week?”

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #7 - Lord's Supper

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

"We're going to learn from the Bible about Jesus' command to celebrate the Lord's supper."

Read the Command: In Matthew 26:26-28, Jesus says...

Tell the Story: Jesus' Last Supper from Luke 22:7-20

Retell the Story together.

Read the Story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story (Luke 22:7-20) and reveal its meaning for our lives.

Practice retelling the story or 3-Circles

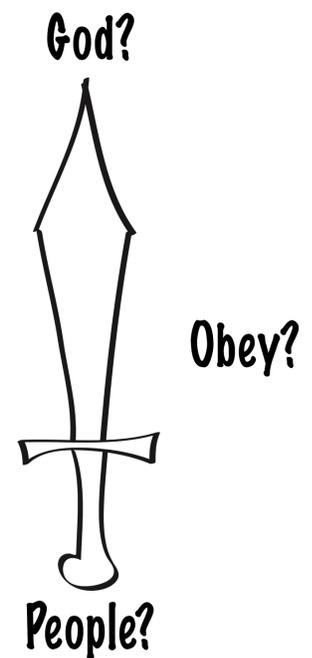
Explore More:

1. What is the Lord's Supper?
1 Corinthians 11:26 - a symbol of the Lord's death
2. Why do we eat the Lord's Supper?
1 Corinthians 11:26 - His body was broken and His blood was spilt.
3. How do we receive the Lord's Supper?
1 Corinthians 11:27-29 - We must examine ourselves, confess our sins to God and remember Jesus died to give us forgiveness.
4. Who should receive the Lord's Supper?
Acts 2:42, 1 Corinthians 11:27-29 - Baptized disciples devoted to Jesus.

Set Goals:

- Obey: Celebrate the Lord's supper together with believers
- Abide: Continue reading 2-4 chapters a day in Matthew, and pray daily
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #8 - Give

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw the church circle to cast vision for healthy church.

"We are going to learn from the Bible about Jesus' command to give"

Read the Command: In Matthew 6:1-4, Jesus says...

Tell the Story: The Widow Gives from Mark 12:41-44

Retell the Story together.

Read the Story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story (Mark 12:41-44) and reveal its meaning for our lives.

Practice retelling the story or the 3-Circles

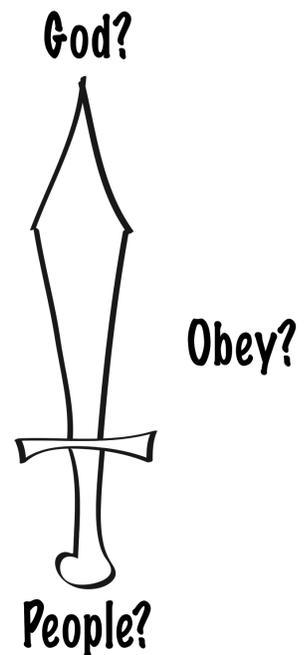
Explore More:

1. What should we give to God?- Our money, time and our lives.
2. Why should we give to God?
2 Corinthians 9:6-7 - God loves a cheerful giver.
3. How do we give to God?
2 Corinthians 9:7 - Cheerfully, not under compulsion
Matthew 6:1-4 - Secretly, not for recognition
4. Who do we give to?
Acts 4:34-35 - The church gave to all who had need.
UP=gospel movement | IN=church needs | OUT=community needs

Grow & Go Assignments:

- Obey: Decide as a church how you will give UP (movement), IN (needs in church) and OUT (community needs)
- Abide: Begin reading 2-4 chapters a day in Acts, and pray daily
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





Command of Christ #9 - Gather

Care - "How are you doing?" (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord's Supper, Giving

Loving Accountability - Give an account of your obedience to the goals you set from last week.

Vision: Read Acts 2:36-47 & draw the church circle to cast vision for healthy church.

"We are going to learn from the Bible about Jesus' command to gather with other of Jesus"

Read the Command: In Hebrews 10:24-25, Jesus says...

Tell the Story: The first church from Acts 2:36-47

Retell the Story together.

Read the Story aloud.

Discover: Pray then use the Sword Bible Study method to discuss the story (Acts 2:36-47) and reveal its meaning for our lives.

Practice retelling the story or the 3-Circles

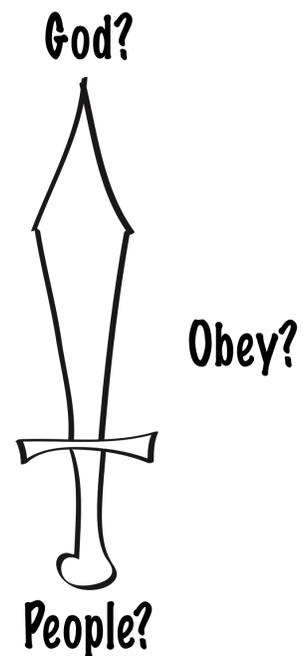
Explore More:

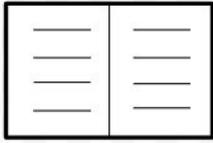
1. Who is the church?
Acts 2:41 - Baptized believers in Jesus
2. What does a church gathering do?
Acts 2:36-41 - see church circle functions
3. When does a church gather?
Acts 2:46, Hebrews 10:24-25 - Regularly.
4. Where does a church gather?
Acts 2:46, 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2 - Homes
5. Why does the church gather?
1 Corinthians 10:31, Hebrews 10:24-25 - Glorify God, encourage, and hold one another accountable.

Set Goals:

- Obey: Commit to becoming (or joining) a local church.
- Abide: Begin reading 2-4 chapters a day in Acts, and pray daily
- Train: You need to train your disciples in this. If you don't have a disciple, who can you practice it with this week?
- Share: "Who from your oikos map will you share the gospel with this week?"

Commission/Pray: Ask God for His power to help you obey these goals.





#10 - Begin long-term discipleship

Care - “How are you doing?” (Share brief update, listen, pray, encourage)

Worship: Prayer, Songs, Lord’s Supper, Giving

Loving Accountability - Give an account of your obedience to the goals you set from last week. (Obey, Abide, Train, Share)

Vision: Read Acts 2:36-47 & draw church circle to cast vision for healthy church.

Use this church circle tool to diagnose the health of your church and what must take place to bring all the functions “inside the circle”.

Read the Scripture aloud: Mark 1:1-8

Read the Scripture to yourself several times: Mark 1:1-8

Discover: Pray then use the Sword Bible Study method with “S.P.E.C.” questions to discuss the scripture passage and reveal its meaning for our lives.

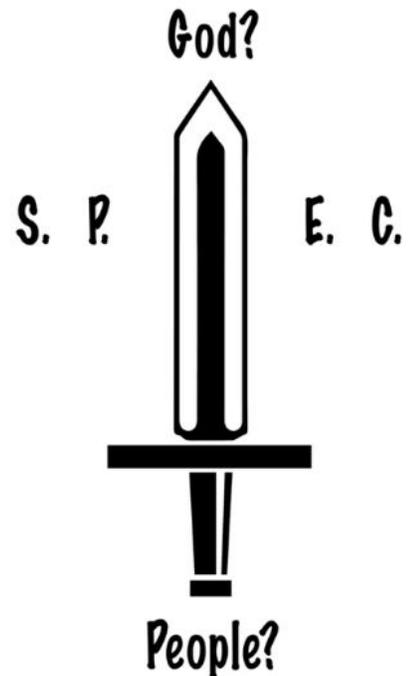
1. What does this passage say about God (Father, Son, Holy Spirit)?
2. What do we learn from the people in this passage?
3. S.P.E.C. asks: is there a...

Sin to avoid?

Promise to claim?

Example to follow?

Command to obey?



Practice retelling 3-Circles, 15-second testimony, or one of the previous 9 stories

Set Goals:

- Obey: Commit to long term discipleship using the 3/3s format. We suggest you follow the Mark schedule in this booklet for “look up” portion.
- Abide: Continue reading 2-4 chapters a day in Acts, and pray daily
- Share: “Who (far from God) will you share the gospel with this week?”
- Train: “Who (Christian) will you train this lesson to this week?” (If you have led someone to Christ, be sure to train them)

Prayer: Pray as the Lord directs you too, but remember to continue praying for boldness and wisdom to share the Gospel and make disciples. Also continue praying for all those who are far from God on your relationship map. Pray for 4th generation disciples and churches. Pray for Laborers. Pray God would accomplish His mission in and through your gathering until there is #NoPlaceLeft and Christ returns.

Begin Long-Term Discipleship

Now that you have completed the short-term discipleship (Commands of Christ), continue on to “Long-term discipleship” using the 3/3s “Three Thirds” Format (below) and the Sword Bible Study Method as your Bible discovery tool. The “New Lesson” will be passages from the Bible and we suggest starting in Mark’s gospel using the schedule listed below. Once you finish with Mark, we suggest you continue in another book of the Bible or topical study using passages of Scripture.

1. Mark 1	7. Mark 6:33-56	13. Mark 10:32-52	19. Mark 14:53-72
2. Mark 2	8. Mark 7	14. Mark 11	20. Mark 15
3. Mark 3	9. Mark 8	15. Mark 12	21. Mark 16
4. Mark 4	10. Mark 9:1-29	16. Mark 13	22. More Bible...
5. Mark 5	11. Mark 9:30-50	17. Mark 14:1-31	
6. Mark 6:1-32	12. Mark 10:1-31	18. Mark 14:32-52	

3/3s (“Three Thirds”) Discipleship Format

< Look Back

1 Care

[Worship: song, giving,
Lord’s Supper}

2. Accountability

- Obey Jesus?
- Abide in Jesus?
- Train disciple(s)?
- Share gospel?

3. Vision: Acts 2 Church Circle,

#NoPlaceLeft or other vision
casting tools.

^Look Up

4. New Bible Lesson

- Tell story
- Recount story together
- Read story from Bible
- Discover story with Sword



5.Practice

- retell the story
- 3 circles

>Look Ahead

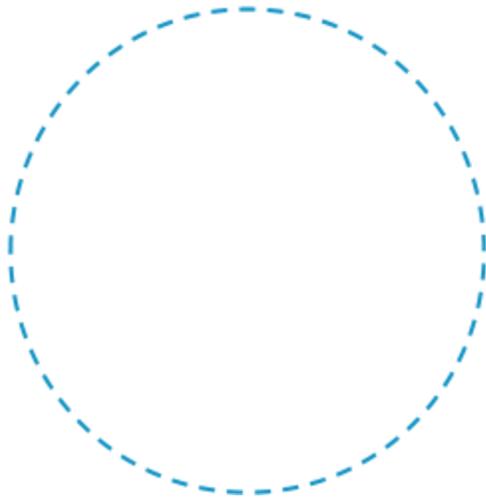
6. Set Goals

- Obey?: from the passage
- Abide: plan this week?
- Train: who share this lesson with?
- Share: who share gospel with?

7. Commission/Pray

The Church Circle

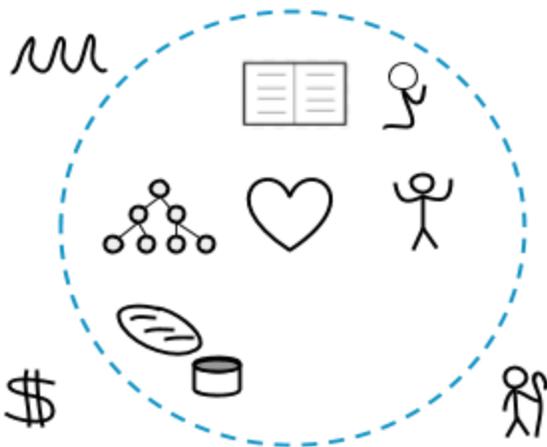
First, draw a dashed circle. This dashed circle represents a gathering of believers.



These symbols represent 9 basic functions of a church we see in Acts 2:36-47. Some of these functions have already been studied in the 9 lessons, others have simply been practiced week to week without studying a specific lesson on the function (ex. God's Word, Worship)

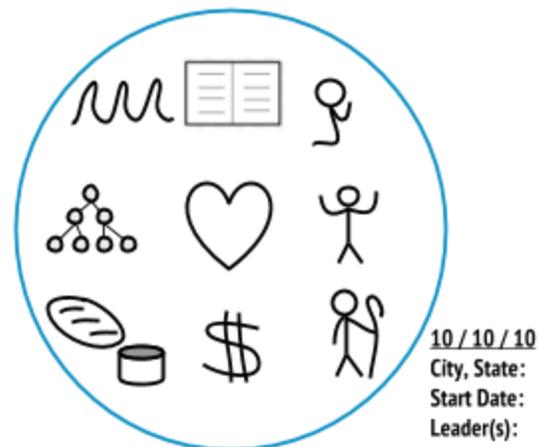


Second, draw each of the functions which your gathering is consistently practicing **inside** the circle. Draw the functions which your gathering has not yet practiced **outside** the circle.



In this example above, the gathering has practiced some very important functions of a church. However, there are a few functions that have yet to be practiced. If your church has yet to practice all the functions, make an action plan to begin practicing them today

Finally, if a gathering has identified itself as a "church", then you may make the dashed line **solid**. The goal is to have a church become healthy and practicing all the functions as modeled by the New Testament Church in Acts 2:36-47



10 / 10 / 10
City, State:
Start Date:
Leader(s):

Also, for record keeping it will be helpful to identify:
#Attendees / #Believers / #Baptized
You may also wish record the location, start date, and leader(s)

<p>1. Repent & Believe</p> <ul style="list-style-type: none"> - Command: Matt 4:17 - Story: Luke 7:36-50 (Sinful Woman) - Additional: Romans 3:23, 6:23 & 10:9-10 <p>2. Be Baptized</p> <ul style="list-style-type: none"> - Command-Matthew 28:19 - Story: Acts 8:26-39 (Philip & Ethiopian Official) - Additional: Romans 6:3-4, Matthew 3:13-16, Acts 2:38 <p>3. Pray</p> <ul style="list-style-type: none"> - Command: Matthew 6:9-13 - Story: Matthew 6:5-15 (Jesus Teaches About Prayer) - Additional: Luke 10:2 <p>4. Go...Make Disciples</p> <ul style="list-style-type: none"> - Command: Matthew 28:19-20 - Story: John 4:4-42 (Samaritan Woman at the Well) - Additional: Luke 10:1-11 <p>5. Love</p> <ul style="list-style-type: none"> - Command: Matthew 22:37-39 - Story: Luke 10:25-37 (Good Samaritan) - Additional: John 15:13, 1 Cor. 13, John 13:34-35, Matt. 22:37-39, John 14:15, 21:17 	<p>6.. Worship Through Perseverance</p> <ul style="list-style-type: none"> - Command: Matthew 4:10 - Story: Acts 16:25-34 <p>7. Lord's Supper</p> <ul style="list-style-type: none"> - Command: Luke 22:19-20 - Story: Luke 22:7-20 + 1 Cor. 11:23-29 - Additional: Acts 2:42 <p>8. Give</p> <ul style="list-style-type: none"> - Command: Matthew 6:1-4 - Story: Mark 12:41-44 (The Widow Gives) - Additional: 2 Corinthians 9:6-7, Matt 6:1-4, Acts 4:34-35 <p>9. Gather</p> <ul style="list-style-type: none"> - Command: Hebrews 10:24-25 - Story: Acts 2:36-447 (The First Church) - Additional: 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2; 1 Cor. 10:31 <p>10. Begin Long Term Discipleship</p> <ul style="list-style-type: none"> - Gospel of Mark - Continue 3/3's meeting format w Sword / SPEC Q's
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This Commands of Christ set can be found at:

www.obeyChrist.com

Espanol: www.MandamientosdeJesus.com